



Massage Menu

Therapeutic

A deeply therapeutic experience using a combination of massage techniques along with aromatherapy and hot towels to calm your mind and restore your body. This treatment is best for the guest who prefers light to firm pressure during their massage.

- 60 minute \$85 90 minute \$125 •

Prenatal

A therapeutic massage designed specifically for the Mama-To-Be. The perfect time to be pampered.

- 60 minute \$85 90 minute \$125 •

Deep Tissue

Designed to help relieve pain and chronic muscle tension using deep massage techniques. Your Massage Therapist will customize your session to meet your specific needs.

- 60 minute \$95 90 minute \$135 •

Warmed Stone

Let the heat from the stones melt away your tension. Stones are used in tandem with long flowing massage strokes to induce a feeling of well being and calm.

- 90 minute \$145 •

Warmed Stone For the Feet

The ultimate foot treatment. As your toes soak up the heat from the stones you'll also receive a mood boosting scalp massage to make this treatment the ultimate in relaxation.

- 60 minute \$105 •

Spa Treatments

Midnight Honey Body Buzz with Warm Lavender Milk Cocoon

Honey dust body scrub with whole grains, organic oils & pure honey weave together to create a rich, round, darkly-scented experience, complex in its therapeutic benefits & widely engaging to the senses. Then you will be wrapped in a warm blanket cocoon with the velvet warmth of honey, and lavender rarely experienced in traditional treatments.

75 minute treatment \$155

- with a 60 minute therapeutic massage \$235 •

Seasonal Special

Hot Toddy for the Body with Warm Calendula Oil Cocoon

Organic Cinnamon, Orange Peel, Cloves and Grains working together in this body treatment to increase circulation, boosting a warm glow all Winter long... A therapeutic body scrub, bursting with spice, scent and texture to restore the glow of health followed by a warm blanket cocoon to super charge the healing, skin soothing effects of the Calendula Remedy Oil.

75 minute treatment \$155

- with a 60 minute therapeutic massage \$235 •

Farmaesthetics®
Fine Herbal Skincare From the Farm

The Spa at The Francis uses Farmaesthetics products for all of our aromatherapy and Spa Body Treatments. We also have a selection of retail items for you to enjoy the Spa experience at home.