



Massage Menu

Therapeutic Massage

60 minute \$85

90 minute \$125

A deeply therapeutic experience using a combination of massage techniques along with aromatherapy and hot towels to calm your mind and restore your body. This treatment is best for the guest who prefers light to firm pressure during their massage.

Prenatal Massage

60 minute \$85

90 minute \$125

A therapeutic massage designed specifically for the Mama-To-Be. The perfect time to be pampered.

Deep Tissue Massage

60 minute \$95

90 minute \$135

Designed to help relieve pain and chronic muscle tension using deep massage techniques. Your Massage Therapist will customize your session to meet your specific needs.

Warmed Stone Massage

90 minutes \$145

Let the heat from the stones melt away your tension. Stones are used in tandem with long flowing massage strokes to induce a feeling of well being and calm.

Warmed Stone Foot Massage 60 minute \$105

The ultimate foot treatment.

As your toes soak up the heat from the stones, you'll also receive a mood boosting scalp massage to make this treatment the ultimate in relaxation.

Spa Treatment Menu

Hot Toddy for the Body with Warm Calendula Oil Cocoon

A therapeutic body scrub, bursting with spice, scent and texture to restore the glow of health to your skin. Followed by a warm blanket cocoon to super charge the healing, skin soothing effects of the Calendula Oil.

75 minute treatment \$155 with a 60 minute therapeutic massage \$235

Seasonal Special

Midnight Honey Body Buzz with Warm Lavender Milk Cocoon

Nurture your skin with this honey dust body scrub with whole grains, organic oils & pure honey. Followed by a warm blanket cocoon of honey and lavender to deeply condition and restore the skin.

75 minute treatment \$155 with a 60 minute therapeutic massage \$235

The Spa at The Francis uses Farmaesthetics products for all of our aromatherapy and Spa Body Treatments. We also have a selection of retail items for you to enjoy the Spa experience at home.

Farmaesthetics®
Fine Herbal Skincare From the Farm